Terms and conditions Personal Safety and Responsibility:

- **Indemnity Form Requirement:** No person may use the facility without first completing and signing an indemnity form.
- Use at Own Risk: Members and visitors use the facility at their own risk.
- **Follow Instructions:** Members must follow instructions from Wings coaches and staff regarding exercise techniques and use of equipment.

Facility rules:

- **Respect and Cleanliness:** Respect coaches, members, and the facility. Clean up after yourself and leave the facility in the same condition you found it, or better.
- Equipment Care: Members are responsible for packing away weights and equipment after use, and wiping them down with the provided surface cleaner.
- **Damage Liability:** Any damage to the facility or equipment caused by a member's deliberate actions or negligence may result in costs being recovered from that member.
- Locker Use: Lockers are for use only while at the facility. Personal items cannot be left overnight. Lockers will be emptied at the end of each day, and any locks left on them will be cut and removed.
- **Drinking Water:** Water is provided for use during class times only. It is not intended for filling large containers to take home.

Membership:

1. Membership Payment

Membership fees are billed monthly in advance. Wings Elite Fitness utilises a membership management system called Subscriptor, which automatically processes membership payments on the 28th of each month. **Payments need to reflect on the 1st of each month to grant the member access to the gym.**

2. Subscriptor Payment Option

Members can securely add a payment card to their personal user page, enabling automatic payments to be processed on the 28th of each month.

In the event that a payment is unsuccessful, Subscriptor will make further attempts to process the payment over the next 7 consecutive days. If payment is still not received by the end of this period, access to the gym will be temporarily blocked until the outstanding payment is settled.

3. Cancellation and Changes

A notice period of one month is required to cancel or change membership. Cancellations are not permitted during November for December.

4. Membership Freeze Policy

Memberships cannot be temporarily frozen or paused. If a member cancels and later wishes to rejoin, a reactivation fee of 50% of the monthly membership will apply.

5. Changes in Membership

Any changes to your membership will incur an administration fee of R150.

6. Sign-Up Fee

A sign-up fee of R100 applies to all new memberships. This fee includes an e-tag.

7. E-Tag Replacement

Additional or replacement e-tags can be purchased at R80 per tag.

8. Access to the Gym

E-tags are required for entry. Access is granted based on the number of sessions included in your membership.

Membership Options:

1. Standard Membership

Wings Elite Fitness is built on a **community** of people **training together**. The Standard Membership is for attending classes.

- We offer family discounts on the Standard Membership for the 2nd, 3rd, 4th, and 5th family members.
- The member with the largest class package is considered the main member, followed by the 2nd member, and so on.

2. Added Open Gym (For Standard Class Members)

The Open Gym Membership allows members to do individualised accessory work based on their sport, goals, or specific needs. This membership supports creativity in personal workouts. Sessions can't interfere with Class space and equipment.

- **No Group Training or Coaching**: Group training or any form of coaching is not allowed in Open Gym. Group training is reserved for our classes, led by Wings coaches. The only exception is for a Wings team preparing for a team competition.
- **Community Participation Requirement**: As we encourage community, members can qualify for a discounted "Added Open Gym" Membership when they have an active Standard Class Membership first, **and attend classes**. Failure to attend classes as per your membership agreement will result in losing this privilege.

3. Open Gym Only (No Class Membership)

This membership is for individuals who cannot attend our classes.

- Same Rates apply as for our standard Class Membership, but with no family discount.
- Access Restrictions: This membership grants access to the Gym outside of our class times only. Monday to Friday: 9h00 - 13h00, and 18h00 - 19h00. Saturday: 8h00 - 12h00